

MADDEN SCHOOL

Playbook: Minnesota Vikings

Formation: 4-3 Over Plus

Play: Cover 3 Sky Wk

Setup:

1. Base Align
2. Spread the defensive line
3. Slant the defensive line to the right
4. Blitz the right side of screen linebacker
5. Stand over the center with one of linebackers in the yellow zones and hold LT

Overview: Here we are blitzing only five people and getting instant left side pressure on the QB from the defensive end. We are doing this from a Cover 3 style defense, but we can adjust the zones and we disguise our defense by base aligning.

Playbook: Minnesota Vikings

Formation: 4-3 Over Plus

Play: Tampa 2

Setup:

1. Base Align
2. Pinch the defensive line
3. Slant the defensive line to the left
4. Blitz the right side of screen linebacker
5. Stand in the left A Gap with one of linebackers in the yellow zones and hold LT

Overview: Here we are blitzing only five people and getting right side pressure on the QB from the linebacker. This is going to force our opponent to block extra people in order to pick up the blitz. Leaving less routes for us to cover with the zones behind us

Playbook: Minnesota Vikings

Formation: 4-3 Over Plus

Play: Cover 2 Man

Setup:

1. Base Align
2. Pinch the defensive line
3. Slant the defensive line to the left
4. Blitz the right side of screen linebacker
5. Stand in the left A Gap with one of linebackers and hold LT

MADDEN SCHOOL

Overview: Here we are blitzing only five people and getting right side pressure on the QB from the linebacker. On this play we are making our blitzes look exactly the same however, we have man coverage with two safeties over top in this play. Mixing the coverages is an important aspect of Madden.

Playbook: Minnesota Vikings

Formation: 4-3 Over Plus

Play: Cover 1

Setup:

1. Base Align
2. Pinch the defensive line
3. Slant the defensive line to the left
4. Blitz the right side of screen linebacker
5. Put the linebacker on the left side that is blitzing in a yellow zone
6. Stand in the left A Gap with one of linebackers in the yellow zones and hold LT

Overview: Here we are blitzing only five people and getting right side pressure on the QB from the linebacker. Again, we are forcing the opponent to block our blitz and we are confusing them by mixing up our coverages. This is a single safety playing deep that looks exactly the same as the other defenses.

Playbook: Minnesota Vikings

Formation: 4-3 Over Plus

Play: Cover 3 Sky Wk

Setup:

1. Base Align
2. Pinch the defensive line
3. Slant the defensive line to the left
4. Blitz the right side of screen linebacker
5. Stand in the left A Gap with one of linebackers in the yellow zones and hold LT

Overview: This is the alternate setup for the Cover 3 play, this one looks exactly the same as our other blitzes but now we have the luxury to have a Cover 3 look as well. These are quick setups making it easy to adjust the zones behind the blitz.

Playbook: Minnesota Vikings

Formation: 4-3 Over Plus

Play: Cover 4 Quarters (Run Defense)

MADDEN SCHOOL

Setup:

1. Base Align
2. Press Coverage
3. Pinch the defensive line
4. Play underneath Coverage
5. Bring the Safeties down a few steps

Overview: This is our run defense for the formation, you will be able to stop any type of run in the game using this play. User one of the linebackers and fill any gaps that appear to be open. On outside runs bring your user to the outside and it will force the ball carrier inside and tackled.

Playbook: Minnesota Vikings

Formation: Dime Normal

Play: Dime Blitz 2

Setup:

1. Base Align
2. Press Coverage
3. Pinch the defensive line
4. Slant the defensive line outside
5. User the linebacker and put him in the gap and hold LT

Overview: This is a quick blitz sending only 5 people at the quarterback. This is also in a formation where you have extra defensive backs on the field making it very good against passing offenses. The blitzer that is coming free will also be either a cornerback or a safety, so the blitz will get to the quarterback fast.

Playbook: Minnesota Vikings

Formation: Dime Normal

Play: DB Blitz

Setup:

1. Base Align
2. Press Coverage
3. Pinch the defensive line
4. Slant the defensive line outside
5. Move the blitzing cornerbacks towards the linemen a few steps
6. User the linebacker and put him in the gap and hold LT

Overview: Here we are getting pressure from both the left and the right side. This makes it nearly impossible for the opponent to pick up the blitz, and the quarterback can't scramble either

MADDEN SCHOOL

way because there is pressure from both sides. This blitz also only sends 6 people and gets two people running free at the quarterback.

Playbook: Minnesota Vikings

Formation: Dime Normal

Play: Tampa 2 (Coverage Defense)

Setup:

1. Base Align
2. Press Coverage
3. Pinch the defensive line
4. Slant the defensive line outside
5. Put the Middle linebacker in a deep blue zone

Overview: This defense is to mix in a coverage defense for the formation. However, the key too this is to make it look like we are blitzing. So, we will still move our corners closer to the line of scrimmage creating the illusion that we are blitzing. When really, we are dropping into a maximum coverage defense.

Playbook: Minnesota Vikings

Formation: Quarter Normal

Play: FZ 2 Deep

Setup:

1. Base Align
2. Press Coverage
3. Spread the defensive line
4. Shift the linebackers left
5. Slant the defensive line outside
6. User the blitzing Free Safety

Overview: Here we have a 5-man blitz from a Quarters formation that brings a cornerback free from the left at the quarterback. This formation is a situational formation and can't be used all game. An opponent would run the ball most likely if you tried to use this all game. However, in passing situations this play is highly effective.

Playbook: Minnesota Vikings

Formation: Quarter Normal

Play: FZ 2 Deep (Setup 2)

Setup:

MADDEN SCHOOL

1. Base Align
2. Press Coverage
3. Spread the defensive line
4. Shift the linebackers left
5. Slant the defensive line outside
6. Blitz the Middle Linebacker
7. Zone the left side of the screen cornerback
8. User the blitzing Free Safety

Overview: Here we have a 5-man blitz from a Quarters formation that brings a cornerback free from the right at the quarterback. Again, this is a very situational formation, but when it is used in the correct spots it can be a nightmare for the opponent. This setup appears to the opponent that it is exactly the same as the blitz from the left instead this time we are bringing heat from the right.

Playbook: Minnesota Vikings

Formation: Quarter Normal

Play: FZ 3 Sky

Setup:

1. Base Align
2. Press Coverage
3. Spread the defensive line
4. Shift the linebackers left
5. Slant the defensive line outside
6. Blitz the cornerback on the left side of the screen
7. User the blitzing Free Safety

Overview: Now we are bringing a 5-man blitz that brings the cornerback free from the left side out of a Cover 3 style defense. Mixing the coverages up will make it difficult for the opponent to make consistent reads.

Playbook: Minnesota Vikings

Formation: Quarter Normal

Play: FZ 3 Sky

Setup:

1. Base Align
2. Press Coverage
3. Spread the defensive line
4. Shift the linebackers left
5. Slant the defensive line outside

MADDEN SCHOOL

6. Blitz the Middle Linebacker
7. User the blitzing Free Safety

Overview: Now we have a Cover 3 style 5-man blitz that is bringing pressure from the right side. All these blitzes look the same, so it will be nearly impossible for the opponent to know which side you are blitzing from and what type of coverage you are playing.

Playbook: Minnesota Vikings

Formation: Nickel Normal

Play: Nickel Blitz 2

Setup:

1. Base Align
2. Press Coverage
3. Pinch the defensive line
4. Slant the defensive line outside
5. Pinch the linebackers
6. User one of the linebackers in the middle of the field and stand where shown in the video and hold LT

Overview: As shown in the video you can move the blitzing cornerback closer to the line to make the blitz even quicker. When you stand with your user and hold LT it makes the blitz more consistent.

Playbook: Minnesota Vikings

Formation: Nickel Normal

Play: Buck Slant Show 2

Setup:

1. Base Align
2. Press Coverage
3. Pinch the defensive line
4. Slant the defensive line outside
5. Pinch the linebackers
6. Zone the blitzing linebacker
7. User one of the linebackers in the middle of the field and stand where shown in the video and hold LT

Overview: Here we are getting quick pressure again this time using a Cover 3 style of defense. We can still move the cornerback closer to the line to make the blitz faster. Adjust the zones how you see best fitting for what the opponent is doing.

MADDEN SCHOOL

Playbook: Minnesota Vikings

Formation: Nickel Normal

Play: Overload Blitz

Setup:

1. Base Align
2. Press Coverage
3. Pinch the defensive line
4. Slant the defensive line outside
5. Pinch the linebackers
6. Zone the blitzing linebacker
7. User one of the linebackers in the middle of the field and stand where shown in the video and hold LT

Overview: On this play we have man coverage across the board while blitzing 5 people. Then we also get to put the linebacker in any zone we would like. Again the use of holding LT makes this blitz very consistent and mixing in man coverage will confuse your opponent.

Playbook: Minnesota Vikings

Formation: Nickel Normal

Play: Tampa 2

Setup:

1. Base Align
2. Press Coverage
3. Pinch the defensive line
4. Slant the defensive line outside
5. Pinch the linebackers
6. User one of the linebackers in the middle of the field and hover where shown in the video

Overview: Here we are only blitzing 4 people. However, this formation gets consistent block sheds that bring extreme pressure to the opponent. This defense is a quick setup and you can adjust your defense to cover any type of passing plays in the game. On this defense we just hover in the gap with our user and do not hold LT.

Playbook: Minnesota Vikings

Formation: Nickel Normal

Play: Cover 3 Sky

Setup:

MADDEN SCHOOL

1. Base Align
2. Press Coverage
3. Pinch the defensive line
4. Slant the defensive line outside
5. Pinch the linebackers
6. User one of the linebackers in the middle of the field and hover where shown in the video

Overview: Here we are only blitzing 4 people. This is another block shed defense but now we are in a Cover 3 style defense. It is extremely important when using a block shed defense to mix up your coverages. If you stay in one defense too long a good player can find a way to beat it.

Playbook: Minnesota Vikings

Formation: Nickel Normal

Play: Cover 1 Hole

Setup:

1. Base Align
2. Press Coverage
3. Pinch the defensive line
4. Slant the defensive line outside
5. Pinch the linebackers
6. User one of the linebackers in the middle of the field and hover where shown in the video

Overview: On this play we have a Cover 1 style of man defense blitzing 4 people using the block shed defense. This type of defense is good against an opponent that likes to run a lot of Post patterns over the middle of the field. It is also effective to mix up the coverage and run man sometimes instead of zone all the time.

Playbook: Minnesota Vikings

Formation: Nickel Normal

Play: Cover 4 Palms (Run Defense)

Setup:

1. Press Coverage
2. Pinch the defensive line
3. Play underneath coverage
4. Bring the Safeties down a few steps

Overview: This is our run defense for this very effective defensive formation. This run defense and shut down the most effective runs in the game. The great thing about it is we do not have to leave our base defense in order to do so. We can essentially stop anything our opponent throws at us in this formation.

MADDEN SCHOOL

Playbook: Minnesota Vikings

Formation: 4-3 Over

Play: Cover 3 Sky (1st Setup)

Setup:

1. Base align
2. Shift the defensive line to the left
3. Slant the defensive line inside
4. Blitz the left side of the screen linebacker
5. User one of the linebackers in the middle, stand in the gap and hold LT

Overview: Here we have a 5- man blitz that is going to come quick from the left side. The use of holding LT makes it to where the linebacker will come free at the quarterback. This is a quick setup allowing us to be able to adjust the coverage behind us.

Playbook: Minnesota Vikings

Formation: 4-3 Over

Play: Tampa 2

Setup:

1. Base align
2. Shift the defensive line to the left
3. Slant the defensive line inside
4. Blitz the left side of the screen linebacker
5. User one of the linebackers in the middle, stand in the gap and hold LT

Overview: This is a 5- man blitz that is going to come quick from the left side but now we are using a Cover 2 style of defense instead of a Cover 3. Mixing up the coverage behind us will allow the blitz to be even more effective.

Playbook: Minnesota Vikings

Formation: 4-3 Over

Play: Cover 3 Sky (2nd Setup)

Setup:

1. Base align
2. Shift the defensive line to the left
3. Slant the defensive line inside
4. Blitz the right side of the screen safety
5. User one of the linebackers in the middle, stand in the gap and hold LT

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Overview: This play appears to the opponent as the same blitz from the left side however, now we are sending pressure from the right side. The safety will come free at the quarterback very fast. Press Coverage is optional in this play.