

MADDEN SCHOOL

Madden 19 NYG Defensive eBook

Playbook: New York Giants

Formation: Nickel 335

Play: LB Cross 3

Setup:

1. Base Align
2. Press Coverage
3. Spread the defensive line
4. Slant the defensive line outside
5. QB Contain
6. Zone the left side of the screen linebacker and user him

Overview: Here we are blitzing only five people and getting right side pressure on the QB from the linebacker. This play has great Cover 3 coverage behind it while bringing quick pressure to the opponent.

Playbook: New York Giants

Formation: Nickel 335

Play: Tampa 2

Setup:

1. Base Align
2. Press Coverage
3. Spread the defensive line
4. Slant the defensive line outside
5. Move the blitzing cornerback in and QB Contain

Overview: On this play we only blitz four people and get pressure directly at the QB. We have a Tampa 2 style defense behind us and we can adjust our zones to stop nearly any offensive play. A lot of times it will be beneficial to put the middle linebacker in a Deep third zone so the middle of the field will be covered.

Playbook: New York Giants

Formation: Nickel 335

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Play: Loop Crash 2

Setup:

1. Base Align
2. Press Coverage
3. Spread the defensive line
4. Slant the defensive line outside
5. Blitz the right side of the screen linebacker
6. QB Contain
7. Move the blitzing Cornerback next to the left side of the screen defensive end

Overview: This is a 6-man blitz that will mainly be used against an opponent that starts “max protecting” their offense to counter our blitzes. This play will still get pressure against an opponent that is max protecting and when someone does this it is easy to guard their routes because there will only be three routes going out for a pass if they are blocking seven people.

Playbook: New York Giants

Formation: Nickel 335

Play: Cover 3 Sky Drop (Coverage Defense)

Setup:

1. Base Align
2. Press Coverage
3. Spread the defensive line
4. Move the cornerback next to the defensive end to make it appear you are blitzing

Overview: This is a coverage defense for this formation. Mix this play in after blitzing your opponent a lot to confuse them and force them into a mistake. You can adjust the zones however you would like. As mentioned in the video a QB spy is recommended if your opponent is using a lot of drag routes.

Playbook: New York Giants

Formation: Big Dime 236

Play: Under Smoke 2

Setup:

1. Base Align
2. Press Coverage
3. Pinch the defensive line

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4. Slant inside the defensive line
5. User the middle linebacker and put him in a zone
6. Stand in front of the left guard and hold LT

Overview: Here we are blitzing only five people and getting instant pressure from the left side. The reason the pressure comes in is because we are standing in a gap holding LT with our user. This is a Cover 2 style defense and we can adjust the zones behind us according to our opponent's offense.

Playbook: New York Giants

Formation: Big Dime 236

Play: Overload 3 Press

Setup:

1. Base Align
2. Press Coverage
3. Pinch the defensive line
4. Slant inside the defensive line
5. Blitz the guy on the right side of the screen next to the MLB
6. QB contain
7. User the middle linebacker and put him in a zone Stand in front of the Right Guard and hold LT

Overview: This play looks like our other blitz in this formation however this play is now a Cover 3 defensive look. Mix in this play to confuse the opponent and not be one dimensional with the coverages you have behind you.

Playbook: New York Giants

Formation: Big Dime 236

Play: Cover 6 Show 2

Setup:

1. Base Align
2. Press Coverage
3. Pinch the defensive line

Overview: Here we have a coverage defense out of the same exact look as our blitzes. It will look like to our opponents that we are blitzing however, we have a max coverage defense. You can adjust the zones and man people up accordingly to your opponent's offense.

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Playbook: New York Giants

Formation: 34 Over

Play: Will Buck 3 Press

Setup:

1. Base Align
2. Spread our defensive line
3. Slant right the defensive line

Overview: This blitz we are only blitzing five people and it is a very quick and easy setup. This provides a different look to our opponent that we can mix in throughout a game. This is out of a Cover 3 style defense but, we can adjust the zones however we would like.

Playbook: New York Giants

Formation: 3-4 Even

Play: Mike Scrape 3 Press

Setup:

1. Base Align
2. Slant the defensive line to the right
3. QB Contain

Overview: Here we have a very simple blitz setup that is also very effective. This blitz cannot be slide protected by the offense, so even if the offense slide protects to the right it will have no effect on this blitz. With a quick setup like this it gives you plenty of time to adjust the defense behind you to fit your opponent's offense.

Playbook: New York Giants

Formation: 3-4 Even

Play: Will Fire 3 Seam

Setup:

1. Base Align
2. Spread your Defensive line
3. Pinch your linebackers
4. QB Contain

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Overview: The looping linebacker should come in free through the B Gap

Playbook: New York Giants

Formation: 3-4 Even

Play: Will Fire 3 Seam (Version 2)

Setup:

1. Base Align
2. Spread your Defensive line
3. Pinch your linebackers
4. Blitz your OLB on the right
5. QB Contain
6. Hold the MLB in the yellow zone over the RG and hold LT

Overview: This play should bring pressure from the right edge and through the left B-gap so even if your opponent blocks an extra guy, we should still get a rusher free.

Playbook: New York Giants

Formation: 3-4 Even

Play: Cover 1 QB Contain

Setup:

1. Spread your defensive line
2. Spread your linebackers
3. Use the LB on the left, hover over the LG and hold LT/L2
4. (Optional) Put the OLB on the left into a zone
5. (Optional) Put the DE on the left into a zone

Overview: As long as your opponent isn't blocking extra guys, this blitz will come in free off the right edge.

Playbook: New York Giants

Formation: 3-4 Bear

Play: Will SS 0

Setup:

1. Base Align

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2. Spread our defensive line
3. Slant outside the defensive line
4. Blitz the Linebacker on the right side of the screen
5. QB Contain
6. The defensive end on the left side of the screen put in a QB spy
7. The Linebacker on the left side of the screen put him in any zone

Overview: This play has man coverage across the board while bringing pressure to the QB only blitzing four people. You also get to have a QB spy on the field which will keep the QB from running and stop drag routes.

Playbook: New York Giants

Formation: 34 Bear

Play: Pinch Dog 3

Setup:

1. Base Align
2. Spread our defensive line
3. Blitz the Linebacker on the right side of the screen
4. Zone the left side of the screen Linebacker
5. QB Contain
6. User the Strong Safety stand in front of the Left Guard and hold LT

Overview: Here we get fast outside edge heat from the right side of the screen. Only sending five blitzers we now have a zone blitz from this formation as well. Being able to mix in some zone coverage blitzes on top of all the man coverage in this formation makes this defense very effective.

Playbook: New York Giants

Formation: 34 Bear

Play: Cov 1 QB Contain

Setup:

1. Base Align
2. Spread our defensive line
3. Blitz the Linebacker on the left side of the screen
4. Zone the Linebacker on the right side of the screen
5. User the Strong Safety and stand in front of the Right Guard and hold LT

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Overview: This play is going to get very fast pressure from the left side of the screen linebacker. You can adjust the defense however you would like, and all these blitzes look similar to everything in this formation. This formation will confuse your opponent and have them just guessing where the pressure is coming from.

Playbook: New York Giants

Formation: 34 Bear

Play: Cover 2 Invert

Setup:

1. Base Align
2. Spread our defensive line
3. QB Spy the outside Linebacker on the right side of the screen (Optional)

Overview: This is the coverage defense for this formation. You can still make it appear to your opponent that you are blitzing however you will be in a max coverage defense. Many times it will be beneficial to put the safety in a Deep Third to cover all areas of the field.

Playbook: New York Giants

Formation: 34 Odd

Play: 34 Odd Defensive Intro

Overview: This formation is a great mix in for my defense because it is completely symmetrical. Everything looks exactly the same from left to right and I can create easy pressure from either side using the exact same setup and the exact same plays.

The personnel adjustments I make for this formation are putting my fastest linebackers at the OLB spots, and then possibly subbing in corners at the safety spots if the team you are using has low rated safeties or safeties that aren't good in man coverage.

Playbook: New York Giants

Formation: 34 Odd

Play: Pinch Dog 2 Press (Flipped) Edge heat

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Setup:

1. Base Align
2. Show Blitz
3. Spread/Pinch LBs
4. Crash D Line Up
5. Blitz MLB to the side we want to blitz
6. Zone the opposite side OLB

Overview: This is the setup I use to give a cover 2 look while blitzing off either side. I like this play vs Tampa 2 because you can set it up to either side without having to additionally flip the play again. I also like this play more than I like Tampa 2 because it comes with soft squats from both corners, so I can either keep them or easily switch them to cloud or hard flats.

Playbook: New York Giants

Formation: 34 Odd

Play: Will Buck 3 Press

Setup:

1. Base Align
2. Show Blitz
3. Spread/Pinch LBs
4. Crash D Line Up
5. QB contain

Overview: This is the play I go to when I want to play from a cover 3 look. What I like about this play is because we have a looping linebacker, it will also come in vs max protection sometimes. We will either get that looping linebacker free, the outside linebacker off the edge, or the defensive end through the B gap.

Playbook: New York Giants

Formation: 34 Odd

Play: Pinch Buck 0 (double edge)

Setup:

1. Base Align

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2. Show Blitz
3. Spread/Pinch LBs
4. Crash D Line Up
5. QB Contain

Overview: This play is excellent because it is a man look and also gives us two guys coming free at the quarterback in case they run a TE blocked to one side. We don't play a ton of straight up man from this formation so when we do, we will also be sending our best heat at our opponent, so the man allows us a chance of forcing a turnover off a rushed throw.

Playbook: New York Giants

Formation: 34 Odd

Play: Pinch Dog 2 Press (Flipped) Double edge heat

Setup:

1. Base Align
2. Show Blitz
3. Spread/Pinch LBs
4. Reblitz left side MLB
5. Crash D Line up
6. QB Contain

Overview: This is the double edge setup that we get from Pinch Buck 0, but from this play it gives it to us with a zone look. A lot of the time I will use this in a 3rd or 4th and short look when I need to heat my opponent up and force them to make a quick read. I will play underneath coverage to turn the defense into hard flats and then try to get a quick pick over the middle to their hot read.

Playbook: New York Giants

Formation: 34 Odd

Play: Cover 6

Setup:

1. Base Align
2. Show Blitz
3. Spread/Pinch LBs

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4. Crash D Line to the blitzing OLB side
5. Blitz MLB to blitzing side

Overview: I love the cover 6 concept, which makes this probably my favorite play to blitz out of. You have the option of blitzing from either side if you flip the play. With this defense you can either play the flat zones in hard flats, cloud flats, or put the short corner into a soft squat.

Playbook: New York Giants

Formation: 34 Odd

Play: Cover 4 Quarters

Setup:

1. Base Align
2. Show Blitz
3. Spread/Pinch LBs
4. Reblitz OLB to blitzing side
5. Crash D Line Up/To blitzing side
6. QB Contain

Overview: In this play we are bringing the same pressure but from a cover 4 look. In addition to keeping the cover 4 look, I do like to turn the outside deep quarter zones into deep third zones to prevent us from getting torched overtop due to how cover 4 plays with the new patch.

Playbook: New York Giants

Formation: 34 Odd

Play: Cover 3 Buzz Buck

Setup:

1. Base Align
2. Show Blitz
3. Spread/Pinch LBs
4. Crash D Line Up
5. Adjust coverage as needed/shown in video

Overview: This is my go to coverage D from this formation. You are able to cross man both MLBs and then play on the safety in a hook zone, or able to man up the safety and another linebacker and then use the other MLB. Either way, I am generally going to man up 1 or 2 of the hook zones on this play and use the one I do not man up.

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Playbook: New York Giants

Formation: 34 Odd

Play: Adjustments Breakdown

Overview: These are not all the adjustments I make from this formation since I like to randomly adjust based off what my opponent is trying to do, but these are some of the adjustments I like to go to just to throw some different looks at my opponent.

Playbook: New York Giants

Formation: Nickel 2-4-5 DBL A Gap

Play: Mid Blitz (Version 1)

Setup:

1. QB Contain
2. Put your LB on the left into a zone, hold down L2/LT. Once the ball is snapped, wait a split second and then rush the QB

Overview: This play brings very quick heat from right up the middle.

Playbook: New York Giants

Formation: Nickel 2-4-5 DBL A Gap

Play: Mid Blitz (Version 2)

Setup:

1. QB Contain
2. Put your both LB into zones, user control the LB on the right and hold down L2/LT. Once the ball is snapped, wait a split second and then rush the QB

Overview: This time you are rushing 5 guys (sometimes only 4) and should get a guy free right up the middle.

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Playbook: New York Giants

Formation: Nickel 2-4-5 DBL A Gap

Play: Cover 3 Sky

Setup:

1. Base Align
2. QB Contain
3. Adjust the zones however you'd like
4. User control the LB on the right and hold down L2/LT. Once the ball is snapped, wait a split second and then rush the QB if the running back isn't blocking. If he is blocking, drop him into coverage.

Overview: This play is kind of an option defense. You can blitz or drop into coverage depending on what the offense does.

Playbook: New York Giants

Formation: Dollar 3-2-6

Play: Spinner

Setup:

1. Base Align
2. QB Contain
3. Bring your blitzing cornerbacks close to your defensive ends
4. Man up the LB on the left on whoever is uncovered on offense
5. Put your LB on the right into a zone and move him directly over the RG. Hold down L2/LT before the snap. Once the ball is snapped wait a split second and rush the QB.

Overview: This play sends 6 guys gets consistent pressure even if your opponent is blocking an extra RB or TE. It can even get pressure if your opponent blocks 7.

Playbook: New York Giants

Formation: Dollar 3-2-6

Play: DB Fire 2

Setup:

1. Base Align
2. QB Contain

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3. Bring your blitzing cornerbacks close to your defensive ends
4. Adjust the zones however you want
5. Move your LB on the right directly over the RG. Hold down L2/LT before the snap. Once the ball is snapped wait a split second and rush the QB.

Overview: This is the zone version of the Spinner play.