

MADDEN SCHOOL

Madden 19 Detroit Defensive eBook

Playbook: Detroit Lions

Formation: Nickel Normal

Play: Tampa 2

Setup:

1. Base Align
2. Pinch and crash your defensive line down
3. Pinch your linebackers and blitz them
4. QB Contain
5. User the LB on the left and let him take one step on his blitz and then drop him back into coverage (see the video for timing)
6. Adjust the coverage however you'd like

Overview: This play brings really quick pressure unless your opponent blocks an extra guy.

Playbook: Detroit Lions

Formation: Nickel Normal

Play: Cover 3 Sky

Setup:

1. Base Align
2. Pinch and crash your defensive line down
3. Pinch your linebackers and blitz them
4. QB Contain
5. User the LB on the left and let him take one step on his blitz and then drop him back into coverage (see the video for timing)
6. Adjust the coverage however you'd like

Overview: This is the cover 3 version of the blitz. I like to use hard flats and user the middle of the field with the linebacker that is being user controlled.

Playbook: Detroit Lions

Formation: Nickel Normal

Play: Overstorm Brave

Setup:

1. Base Align

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2. Pinch and crash your defensive line down
3. Pinch your linebackers and blitz them
4. QB Contain
5. Use the LB on the left and let him take one step on his blitz and then drop him back into coverage (see the video for timing)

Overview: This is the man to man version of the blitz. Everyone is in man to man coverage and you are responsible for taking away your opponent's first read with your user defender.

Playbook: Detroit Lions

Formation: Nickel Normal

Play: Under Smoke

Setup:

1. Base Align
2. Press coverage
3. Pinch and crash your defensive line down
4. Pinch your linebackers
5. QB Contain
6. Use the LB on the left and let him take one step on his blitz and then drop him back into coverage (see the video for timing)

Overview: This play will still bring pressure even if your opponent is blocking an extra guy or 2.

Playbook: Detroit Lions

Formation: Nickel Normal

Play: Cover 2 (Coverage Version)

Setup:

1. Base Align
2. Pinch your defensive line
3. Pinch your linebackers
4. QB Contain
5. Put one of your linebackers into a deep blue zone
6. Put one of your defensive linemen into coverage

Overview: This play looks just like the blitzes from this formation. We call it when we notice our opponent starting to block extra guys to account for the blitz.

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Playbook: Detroit Lions

Formation: Nickel Normal

Play: Cover 3 Sky

Setup:

1. Base Align
2. Pinch your defensive line
3. Pinch your linebackers
4. QB Contain
5. Put both cornerbacks into deep half zones
6. Drop a defensive lineman into coverage

Overview: This is a 3 man rush that is really hard to beat deep and we have coverage throughout the entire field.

Playbook: Detroit Lions

Formation: 3-4 Odd

Play: Edge Blitz 3

Setup:

1. Base Align
2. Show Blitz
3. Crash defensive line out
4. QB Contain
5. (Optional) Put the DE on the left into a zone

Overview: The pressure on this play comes right away. Just make sure you don't get beat deep.

Playbook: Detroit Lions

Formation: 3-4 Odd

Play: Edge Blitz 3 (Flipped)

Setup:

1. Base Align
2. Show Blitz
3. Crash defensive line out
4. QB Contain

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Overview: If your opponent starts figuring out that you are sending pressure from the right, flip the play and bring the pressure from the left. It will look identical to your opponent pre-snap.

Playbook: Detroit Lions

Formation: 3-4 Odd

Play: Edge Blitz 1

Setup:

1. Base Align
2. Show Blitz
3. Crash defensive line out
4. QB Contain
5. (Optional) Put the DE on the left into a zone

Overview: This is the man to man version of Edge Blitz 3. Mix this in if zone isn't workout out well for you.

Playbook: Detroit Lions

Formation: 3-4 Odd

Play: Edge Blitz 1 (Flipped)

Setup:

1. Base Align
2. Show Blitz
3. Crash defensive line out
4. QB Contain

Overview: This is the man to man version of Edge Blitz 3. Mix this in if zone isn't workout out well for you.

Playbook: Detroit Lions

Formation: 3-4 Odd

Play: Cover 4 Drop Show 2

Setup:

1. Base Align
2. Show Blitz
3. Pinch your linebackers

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4. Adjust the coverage behind it as you see fit

Overview: This play works well once your opponent starts making quick reads and blocking extra guys.

Playbook: Detroit Lions

Formation: Big Nickel Over G

Play: LB Blitz

Setup:

1. QB Contain
2. Put LB on the right into a yellow zone and hold him over the RT

Overview: You should see the pressure come right up the middle on this play as long as your opponent isn't blocking an extra guy or using slide protection.

Playbook: Detroit Lions

Formation: Big Nickel Over G

Play: SS LB Blitz

Setup:

1. Press coverage
2. Hold LB on the right over the right tackle pre snap
3. Should result in dual heat

Overview: This play is great when your opponent isn't expecting it. Even if your opponent blocks an extra guy, one of your blitzing defenders should still come in free. Make sure to have a fast CB blitzing. Feel free to adjust the coverage behind the play as well.

Playbook: Detroit Lions

Formation: Big Nickel Over G

Play: Tampa 2

Setup:

1. Base Align
2. Blitz LB on the left
3. QB Contain
4. Hold LB on the right over the RT

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Overview: For this play to work properly you need a LB with 85-90 speed blitzing. If not, he might get picked up because the offensive line will have the time to react.

Playbook: Detroit Lions

Formation: Big Nickel Over G

Play: Cover 3 Sky

Setup:

1. Base Align
2. Blitz LB on the left
3. QB Contain
4. Hold LB on the right over the RT

Overview: You need a linebacker with 85-90 speed blitzing. This is the cover 3 version of the previous play.

Playbook: Detroit Lions

Formation: Big Nickel Over G

Play: Cover 2 Contain

Setup:

1. Base Align
2. Blitz LB on the left
3. Hold the other LB over the RT pre snap

Overview: This play brings 4 man heat that should result in B-Gap pressure without extra guys blocking.

Playbook: Detroit Lions

Formation: Big Nickel Over G

Play: Tampa 2 (Or any other play with a 4 man rush)

Setup:

1. Base Align
2. Press Coverage
3. Crash your defensive line down
4. Blitz your slot cornerback
5. (Optional) Put your LB on the right into a deep blue zone
6. User control the LB on the left and hold him over the LG/LT

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Overview: Pressure should come in untouched off the edge from the cornerback. This will just give your opponent a different look.

Playbook: Detroit Lions

Formation: 4-3 Under

Play: Will Go Fire 3

Setup:

1. Base Align
2. Shift your DL out
3. Crash your DL Down
4. (Optional) Drop DE on the right into coverage

Overview: Make sure your defensive tackle on the left has the correct blitzing angle otherwise this play may not work correctly.

Playbook: Detroit Lions

Formation: 4-3 Under

Play: Edge Sting

Setup:

1. Put your OLB on the right into a yellow zone and user control him

Overview: The pressure comes right up the middle on this play and causes both the RG and the blocking rb to not block.

Playbook: Detroit Lions

Formation: 4-3 Under

Play: Free Fire

Setup:

1. Put your blitzing LB on the right into a zone
2. You may have to hold that linebacker on the RG before the snap by holding down LB/L2.

Overview: This is a play to call maybe 1 time per game. I prefer the edge sting play if you want to send a man to man blitz from this formation.

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Playbook: Detroit Lions

Formation: 4-3 Under

Play: Cover 6

Setup:

1. None required (change the zones how you see fit)

Overview: This is our coverage play from this formation. Once your opponent starts blocking extra guys, that is when you will want to call this play.

Playbook: Detroit Lions

Formation: 4-3 Over

Play: Mike Will Blitz

Setup:

1. Base Align
2. Pinch the defensive line
3. Slant the defensive line inside
4. QB Contain
5. Reblitz the linebacker on the left side of the screen that's in the contain

Overview: This play blitzes 6 people however it gets instant pressure on the QB even when the opponent is blocking an extra person. It is difficult for the opponent to pick up this pressure, so this play can force a lot of bad decisions by the opponent.

Playbook: Detroit Lions

Formation: 4-3 Over

Play: Corner Blitz 3

Setup:

1. Base Align
2. Press Coverage
3. Pinch the defensive line
4. Slant the defensive line inside
5. QB Contain
6. Reblitz the defensive end on the right side of the screen that's in the contain

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Overview: This is a 5-man blitz that brings pressure from the right side of the field. It is key to be able to bring pressure from both sides using the same formation and the same look. This always keeps your opponent guessing.

Playbook: Detroit Lions

Formation: 4-3 Over

Play: Will Blitz 3

Setup:

1. Base Align
2. Pinch the defensive line
3. Slant the defensive line inside
4. QB Contain
5. Reblitz the linebacker on the left side of the screen that's in the contain
6. Blitz the Middle linebacker
7. Zone the defensive end on the right side of the screen

Overview: This blitz is very effective because it has a lot of coverage behind it. The blitz comes in from the left side and the whole right side of the field is zoned, leaving only the left side of the field for you to user.

Playbook: Detroit Lions

Formation: 4-3 Over

Play: Cover 6

Setup:

1. Base Align
2. Pinch the defensive line
3. Adjust zones accordingly

Overview: This is a coverage defense for the 4-3 Over formation. You can defend just about any type of pass play from this defense when adjusting your zones to fit what your opponent is doing. Always remember to user a part of the field that you do not already have zones on.

Playbook: Detroit Lions

Formation: Dollar 3-2-6

Play: Overload 3 Seam

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Setup:

1. Base Align
2. Slant inside the defensive line

Overview: This play blitzes 5 people and the cornerback is going to come in untouched with a direct angle to the QB. Sub in a fast corner and it will make the blitz even faster giving your opponent less time to make a decision.

Playbook: Detroit Lions

Formation: Dollar 3-2-6

Play: Spinner

Setup:

1. Base Align
2. Press Coverage
3. Spread the defensive line
4. Slant inside the defensive line

Overview: Here we are sending six people on a blitz. However, in doing so we are getting two corners coming untouched at the QB. Even if your opponent blocks an extra guy at least one person will still come in free.

Playbook: Detroit Lions

Formation: Dollar 3-2-6

Play: Cover 6 Show 4

Setup:

1. Base Align
2. Press Coverage (Optional)
3. Adjust zones accordingly to your opponent

Overview: This is a very effective coverage defense to mix in against your opponent from this formation. We have sent a lot of heat in previous plays so mixing it up with this defense can force your opponent to throwing a quick pass thinking a blitz is coming.

Playbook: Detroit Lions

Formation: Dollar 3-2-6

Play: STR Eagle Slant 3

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Setup:

1. Base Align
2. Press coverage
3. Pinch and crash your DL down
4. Pinch your linebackers

Overview: The pressure should come from the linebacker between the LT and the LG.

Playbook: Detroit Lions

Formation: Dollar 3-2-6

Play: Cross Fire 3 Press

Setup:

1. Base Align
2. Blitz the slot cornerback on the left
3. Put your blitzing LB on the right into a zone

Overview: I like this play because you don't have to use press coverage but you can still bring quick pressure.

Playbook: Detroit Lions

Formation: Nickel 3-3-5 Odd

Play: Cover 3 Sky Show 4

Setup:

1. Base Align
2. Press coverage
3. Blitz the LB on the left
4. (Optional) QB Contain

Overview: The pressure should come in from the blitzing cornerback or the linebacker on the left.

Playbook: Detroit Lions

Formation: Dime Normal

Play: Dime Blitz 2

Setup:

1. Base Align

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2. Press coverage
3. Blitz your MLB
4. Put your DE on the left into a zone and adjust the coverage how you'd like

Overview: This is a situational play when you need pressure from a slot cornerback. Don't call it more than once or twice per game.

Playbook: Detroit Lions

Formation: Dime Normal

Play: Fox Fire Zone Press

Setup:

1. Base Align
2. Press Coverage
3. Pinch Dline

Overview: This play brings pressure from the slot cornerback while having a cover 3 defensive shell behind it.

Playbook: Detroit Lions

Formation: 3-4 Under

Play: Cover 3 Buzz Show 2

Setup:

1. Base Align
2. Spread your defensive line
3. Blitz the OLB on the left
4. Put the DE on the right into a zone
5. (Optional) Put the FS into a curl flat zone

Overview: This is an effective 4 man rush that brings pressure through the B-gap.