



Playbook: Kansas City Chiefs

Formation: 34 Odd

Play: Tampa 2

Setup:

1. Base align
2. Pinch the defensive line
3. Slant inside
4. Blitz the left of screen middle linebacker

Overview: This play is going to bring quick pressure from the left side of the A-gap. We are only blitzing 5 players, use the other middle linebacker in the yellow and takeaway your opponent's first read. You can adjust the coverage behind however you feel necessary.

Playbook: Kansas City Chiefs

Formation: 34 Odd

Play: Cover 3 Cloud

Setup:

1. Base align
2. Pinch the defensive line
3. Slant inside
4. Blitz the right of screen middle linebacker

Overview: This play is going to bring quick pressure from the right side of the A-gap. We are only blitzing 5 players. It will appear to your opponent that this is the same blitz we sent from the left side. Use the other middle linebacker in the yellow and takeaway your opponent's first read. You can adjust the coverage behind however you feel necessary.

Playbook: Kansas City Chiefs

Formation: 34 Odd

Play: Cover 2 Hard Flat

Setup:

1. Base align
2. Show blitz
3. Slant inside
4. Spread the linebackers



5. Blitz the right of screen middle linebacker
6. Use the left of screen middle linebacker and hold LT

Overview: This play is going to bring immediate heat from the right edge. This blitz is very fast and will force your opponent to make a quick decision which can lead to turnovers or, simply the opponent will have to take a sack.

Playbook: Kansas City Chiefs

Formation: 34 Odd

Play: Cover 3 Sky

Setup:

1. Base align
2. Show blitz
3. Slant the line to the left
4. Spread the linebackers
5. Blitz the left of screen middle linebacker
6. Use the right of screen middle linebacker and hold LT

Overview: This play is going to bring immediate heat from the left edge. Again, this will appear to your opponent as the same blitz as the Cover 2 hard flat but now you are blitzing from the left side. This will confuse your opponent which will lead to more sacks and turnovers.

Playbook: Kansas City Chiefs

Formation: Nickel 3-3-5

Play: Loop Crash 2

Setup:

1. Base align
2. Press coverage
3. Pinch the defensive line
4. Slant inside
5. Shift the linebackers to the right
6. Bluff blitz the right of screen defensive end

Overview: On this play, we are only blitzing 4 people getting nice pressure from the linebacker looping in. Mixing this play in with the rest of the plays from this formation will give the opponent a headache and he or she will not know what to expect.



Playbook: Kansas City Chiefs

Formation: Nickel 3-3-5

Play: Cover 1 Contain Spy

Setup:

1. Base align
2. Press coverage
3. Pinch the defensive line
4. Slant inside
5. Shift the linebackers to the right
6. Blitz the right of the screen linebacker

Overview: This is a 5-man blitz that will come off of the right edge. This play is good to mix in because it is a man defense so it can catch your opponent off guard, and still brings good pressure on the QB.

Playbook: Kansas City Chiefs

Formation: Nickel 3-3-5

Play: 3 Overload Fire Press

Setup:

1. Base Align
2. Press Coverage
3. Pinch and crash your defensive line down
4. Shift your linebackers to the right
5. QB Contain
6. Put your blitzing MLB in a zone and user control him

Overview: This is one of my favorite blitzes this year because it allows us to potentially get two rushers free while only rushing 5 defenders. Why this works is the left side DE draws the attention of multiple linemen, which leaves the edge rusher and/or the looping linebacker free.

You can also adjust the coverage in behind it to fit your situation, such as playing underneath or overtop coverage.



Playbook: Kansas City Chiefs

Formation: Nickel 3-3-5

Play: Cover 4

Setup:

1. Base Align
2. Press Coverage
3. Pinch your defensive line
4. Crash your defensive line up
5. Shift your line backers to the right

Overview: With every great defensive scheme that brings pressure from all sides such as this one from the Nickel 3-3-5, it is extremely important to have a play that you can play great coverage from as well. With us heating our opponent up all game long, we can mix in a coverage play and catch them blocking extra players to stop the heat.

This will have them sending less routes out and will give us even more players in coverage, which is exactly what we want. 8 defenders on 3-4 routes is a great advantage for the defense. This is also my favorite run defense out of the formation because it allows us to blow up the run without committing a lot of defenders and leaving holes elsewhere if they pass.

Playbook: Kansas City Chiefs

Formation: Nickel 3-3-5

Play: Tampa 2

Setup:

1. Base Align
2. Press Coverage
3. Put your OLB on the left into a QB Spy
4. (Optional) Put your DE on the right into a zone or man coverage



5. Right when the ball is snapped, click down on the right stick (R3)

Overview: This technique can take a bit of timing but when you do it right, you can get extremely quick pressure. This play can be flipped to the other side with all of the directions reversed.

Playbook: Kansas City Chiefs

Formation: Nickel 3-3-5

Play: Nickel LB Blitz (Version 2)

Setup:

1. Base Align
2. Press Coverage
3. Put your OLB on the left into a QB Spy
4. Put your MLB into a zone
5. (Optional) Put your DE on the right into a zone
6. Right when the ball is snapped, click down on the right stick (R3)

Overview: This is the man to man version of the Tampa 2 play. It can be flipped to bring right side pressure as well.

Playbook: Kansas City Chiefs

Formation: Nickel 3-3-5

Play: 3 Double Buzz

Setup:

1. Base Align
2. Press Coverage
3. Put your OLB on the left into a QB Spy
4. Blitz your slot cornerback
5. (Optional) Put your DE on the right into a zone



6. (Optional) Adjust the zones behind it
7. Right when the ball is snapped, click down on the right stick (R3)

Overview: This is a really difficult defensive look for most users because it is a well disguised cover 3 defense.

Playbook: Kansas City Chiefs

Formation: 3-4 Bear

Play: Cover 2 Invert

Setup 1 – Right Edge:

1. Base Align
2. Pinch your defensive line and crash them down (or to the right)
3. Blitz the OLB on the right side of the screen.
4. QB Contain
5. (Optional) Bluff blitz the ROLB

Setup 2 – Left Edge:

1. Base Align
2. Punch and crash your defensive line down
3. Blitz your MLB
4. Put your MLB #2 and the OLB on the right side of the screen into coverage.

Overview: The 3-4 Bear is a great blitzing formation and also great for stopping the run since you have so many guys packed into the box.



This is a starter blitz that you can incorporate to bring quick edge pressure and get quick sacks. Use this play in conjunction with your coverages to confuse your opponent.

Playbook: Kansas City Chiefs

Formation: 3-4 Bear

Play(s): Pinch Buck 0, Pinch Mike 0, Will SS 0

Setup 1 – Pinch Buck 0:

1. Base Align
2. Pinch your defensive line and crash them to the left
3. Put your OLB on the right side of the screen into coverage or QB spy

Setup 2 – Pinch Mike 0:

1. Base Align
2. Pinch your defensive line and crash them out (or to the right)
3. Put your OLB on the left side of the screen into a QB Spy and use him

Setup 3 – Will SS 0:

1. Base Align
2. Pinch your defensive line and crash them to the right
3. Put the OLB on the left side of the screen into a QB Spy and use him

Overview: In my first video I showed you a good zone blitz from the 3-4 Bear, and in this video I demonstrate how you can bring disguised man pressure as well from the same look.



Disguising your coverages and blitzes is one of the most paramount aspects to winning in Madden, and utilizing all of the plays shown gets you well on your way to victory.

Playbook: Kansas City Chiefs

Formation: 3-4 Bear

Setup:

1. Base Align
2. Spread your defensive line
3. User control your strong safety and move him to the middle of the field between your 2 MLBs
4. (Optional) Use hard flats or cloud flats

Overview: This is a great coverage defense that takes away most options especially if your opponent starts blocking extra guys to slow down the blitzes from this formation.