



Playbook: Arizona Cardinals

Formation: Pistol Bunch TE

Play: Verticals

Setup:

1. Hot route your tight end to a drag
2. Block your running back
3. Motion your X/square receiver out to the sideline

Reads:

1. Against cover 2 defenses, look to the X/square receiver on the wheel route or your Y/triangle receiver on the streak deep.
2. Against cover 3 defenses, look to quick pass to your X/square receiver
3. Against cover 4 defenses, look to quick pass to your X/square receiver
4. Against man to man defenses, you can hit the tight end on the drag

Overview: This play absolutely destroys cover 2 defenses and is a nightmare to defend against with any zone defense.

Playbook: Arizona Cardinals

Formation: Pistol Bunch TE

Play: Cross Drag

Setup:

1. Put your tight end on a streak route
2. Block your running back
3. Motion the X/square receiver toward the sideline
4. (Optional) Put your X/square receiver on an in route

Reads:

1. Against cover 2 defenses, throw the ball to your B/circle receiver
2. Against cover 3 defenses, look to the Y/triangle receiver deep
3. Against cover 4 defenses, look to the Y/triangle receiver deep
4. Against man to man defenses, your Y/triangle receiver should be open



Overview: This play is great against cover 3, cover4, and man to man defenses. Start mixing it in once the defense is worried about the Verticals play.

Playbook: Arizona Cardinals

Formation: Pistol Bunch TE

Play: Spot Option

Setup:

1. Block your running back
2. Hot route your X/square receiver to a streak route and motion him left

Reads:

1. Against cover 2 defenses, look to your tight end on the post route or your B/circle receiver in the flat
2. Against cover 3 defenses, look to the Y/triangle receiver on the corner route
3. Against cover 4 defenses, look to the Y/triangle receiver on the corner route
4. Against man to man defense, your Y/triangle receiver should be open (lead pass to the sideline)

Overview: This play works really well against cover 3 and cover 4 defenses.

Playbook: Arizona Cardinals

Formation: Pistol Bunch TE

Play: HB Zone

Setup:

1. Motion the receiver on the left of the bunch to the left sideline

Overview: This is a really effective running play against Dime and Quarter formations. Make sure to mix it in so you don't get too one dimensional.



Playbook: Arizona Cardinals

Formation: Gun Flip Trips

Play: Deep Fork

Setup:

1. Block your running back

Reads:

1. Against cover 2 defense, look to the A/X receiver on the corner route
2. Against cover 3 defense, look first to the B/circle receiver on the out route then look to the A/X receiver on the corner.
3. Against cover 4 defense, look first to the B/circle receiver on the out route then look to the A/X receiver on the corner.
4. Against man to man defense, all of your routes can get open.

Overview: This is a play that is pretty effective against all defenses but doesn't completely destroy any particular defense.

Playbook: Arizona Cardinals

Formation: Gun Flip Trips

Play: PA Read

Setup:

1. Hot route the A/X receiver to a fade
2. Hot route the X/square receiver to a slant
3. Slide protect to the right

Reads:

1. Against cover 2 defenses, look to the B/circle receiver over the middle
2. Against cover 3 defenses, look to the A/X receiver deep (lead pass to the sideline)
3. Against cover 4 defenses, look to the A/X receiver deep (lead pass to the sideline)
4. Against man to man defenses, look to either the RB/R1 receiver or the X/square receiver

Overview: This play absolutely destroys cover 3 and cover 4 defenses, although we do have reads for any defense in the game.



Playbook: Arizona Cardinals

Formation: Gun Flip Trips

Play: Zona HB Screen

Setup: None required

Reads:

1. Look to your running back on the screen pass

Overview: Against any zone defense, your running back should be open. Avoid calling this play against someone who likes to be in man to man defenses.

Playbook: Arizona Cardinals

Formation: Gun Ace Slot Offset

Play: PA Verts Shot

Setup:

1. (Optional) Slide protect right

Reads:

1. Against a cover 2 defense, you are looking to the B/circle receiver deep. Lead pass up.
2. Against a cover 3 defense, you are looking to the B/circle receiver. Lead pass to the sideline (see the video for timing)
3. Against cover 4 defense, the B/circle receiver should get open as he breaks toward the middle of the field.
4. Against man to man defense, the B/circle receiver should get open as he breaks toward the middle of the field.

Overview: This is a shot play which means you don't really have any reads. Call this if you are expecting a cover 2 or cover 3 defense. If your guy isn't open, don't be afraid to throw the ball away.



Playbook: Arizona Cardinals

Formation: Singleback Wing Tight

Play: PA Ctr Waggle

Setup:

1. Hot route the A/X receiver to a streak route

Reads:

1. Against cover 2 defenses, look to the B/circle tight end on the corner route
2. Against cover 3 defenses, look to the Y/triangle receiver or the X/square receiver
3. Against cover 4 defenses, your main read is the X/square receiver
4. Against man to man defenses, look to the Y/triangle receiver or the X/square receiver.

Overview: This play works really well against cover 2 and cover 3 defenses and the formation makes your opponent respect the running game.

Playbook: Arizona Cardinals

Formation: Singleback Wing Tight

Play: PA Misdirection

Setup:

1. Put your Y/triangle receiver on a streak route
2. Hot route your running back to an out route to the left
3. (Optional) Block your B/circle tight end

Reads:

1. Against cover 2 defenses, look to the X/square receiver (lead pass towards the sideline)
2. Against cover 3 defenses, look to the A/X receiver or the running back
3. Against cover 4 defenses, hit the A/X receiver
4. Against man to man defenses, read between the A/X receiver and the X/square receiver

Overview: This play does a good job of beating every common defense while also being a power run set.



Playbook: Arizona Cardinals

Formation: Singleback Wing Tight

Play: HB Dive

Setup: None required

Overview: If your opponent doesn't respect your running game from this formation, pound it right up the middle. Once he starts focusing on the run, that is when the passing plays will become more effective.

Playbook: Arizona Cardinals

Formation: Gun Tight

Play: Zona Seams

Setup:

1. Hot route your running back to block
2. Motion your Y/triangle receiver to the right (make sure he is a fast wr)
3. Slide protect left

Reads:

1. Against cover 2 defenses, look to the A/X tight end deep in the middle of the field
2. Against cover 3 defenses, hit your Y/triangle receiver deep
3. Against cover 4 defenses, hit your Y/triangle receiver deep
4. Against man to man defense, hit your Y/triangle receiver right as he cuts towards the middle of the field.

Overview: This play absolutely destroys any zone defense as long as you have the time to throw the ball and make the right read. Don't call this play if you are expecting man to man defense.

Playbook: Arizona Cardinals

Formation: Gun Tight

Play: PA Zona Cross



Setup:

1. Put your X/square receiver on an in route
2. Block your running back
3. Motion your Y/triangle receiver to the right

Reads:

1. Against cover 2 defenses, look to your Y/triangle receiver or your B/circle receiver
2. Against cover 3 defenses, your Y/triangle receiver should be wide open. Your X/square receiver is your checkdown option
3. Against cover 4 defenses, your Y/triangle receiver should get open. Your X/square receiver is your checkdown option
4. Against man to man coverage, throw to your Y/triangle receiver

Overview: This play is great because against pretty much any coverage in the game, your Y/triangle receiver will get open. Just be aware of hard flat zones. Those will stop the y/triangle route.

Playbook: Arizona Cardinals

Formation: Gun Tight

Play: Zona Post

Setup:

1. Hot route the A/X tight end to a streak route
2. Motion the Y/triangle receiver to the left
3. (Optional) Block your running back

Reads:

1. Against cover 2 defenses, look to the B/circle receiver in the shallow middle part of the field
2. Against cover 3 defenses, hit your Y/triangle receiver deep
3. Against cover 4 defenses, hit your Y/triangle receiver deep
4. Against man to man defense, hit your Y/triangle receiver right as he cuts towards the middle of the field or the B/circle receiver.

Overview: This play is very similar to Zona Seams. It doesn't beat cover 2 deep as well but the B/circle receiver's route gets open against most coverages.



Playbook: Arizona Cardinals

Formation: Gun Tight

Play: Mesh

Setup:

1. Hot route your Y/triangle receiver to a fade route and motion him to the right
2. Block your running back

Reads:

1. Against cover 2 defense, read between the A/X receiver on the corner route and the X/square receiver on the drag
2. Against cover 3 defense, look to the A/X receiver first but you should have both drag routes as options as well
3. Against cover 4, try to throw it deep to the Y/triangle receiver if he is open.
4. Against man to man coverage, hit one of your receivers on the drag routes

Overview: This is a play where you can take a shot deep if you see it but if not you can hit the drag routes for an a consistent 5 yard gain.

Playbook: Arizona Cardinals

Formation: Gun Tight

Play: Zona Z Spot

Setup:

1. Hot route your X/square receiver to a streak route and motion him to the left
2. Hot route your B/circle receiver to a drag route
3. Block your running back

Reads:

1. Against every defense in the game, look to your Y/triangle receiver. If he is covered, your second option is the B/circle receiver on the drag.



Overview: This is a great play for 3rd and 20 when you really need a first down. Use this play once or twice a game and it is just about automatic.

Playbook: Arizona Cardinals

Formation: Gun Tight

Play: HB Sweep

Setup:

1. Motion your Inside slot receiver on the left side of the screen to the right

Overview: This is a really nice run play against defensive formations focused on stopping the pass.

Playbook: Arizona Cardinals

Formation: Gun Wing Stack

Play: Ohio Spacing

Setup:

1. Smart route your X/square receiver
2. Drag the A/X tight end
3. Block your running back
4. Do whatever you want with your B/circle tight end

Reads:

1. Against a cover 2 defense, your X/square receiver will be open, even if there are hard flats over there.
2. Against a cover 3 defense, your X/square receiver will be open, even against hard flats too



3. Against cover 4 defense, it is a little tighter, but your X/square receiver will be open
4. Against man to man defense, your X/square receiver will be open

Overview: This is a great play because as long as your opponent doesn't user defend the X/square route, he will get open regardless of the defense. Make sure to only call this play when you have 10 yards to go.

Playbook: Arizona Cardinals

Formation: Gun Wing Stack

Play: PA Curl Post

Setup:

1. Hot route your B/circle receiver to a streak route
2. Hot route your Y/triangle receiver to a drag route
3. (Optional) Block your running back

Reads:

1. On this play the X/square receiver is always your primary read but you can also throw to your Y/triangle receiver or the A/X tight end if the X/square receiver is covered.

Overview: The great part about this play is that the X/square receiver will always get open unless your opponent user covers it.

Playbook: Arizona Cardinals

Formation: Gun Wing Stack

Play: Double Cross

Setup:

1. Block your running back
2. Put your Y/triangle receiver on a streak

Reads:



1. Against a cover 2 defense, you can hit your Y/triangle receiver deep (lead pass to the inside) or hit the X/square receiver on the sideline. You also have the tight end on the drag route
2. Against a cover 3 defense, look to the X/square receiver (lead pass to the sideline) or the A/X tight end on the drag
3. Against a cover 4 defense, look to the X/square receiver (lead pass to the sideline)
4. Against man to man defense, throw to either the tight end on the drag route or the tight end on the deep in.

Overview: The reason we cancel the automation on this play is to make it look like all of the other plays in the Gun Wing Stack formation. This way your opponent doesn't know what play you are calling.

Playbook: Arizona Cardinals

Formation: Gun Wing Stack

Play: Inside Zone

Setup: None Required

Overview: Mix this play in every now and then just so your opponent stays honest when you come out in the Gun Wing Stack formation. This will stop him from pass committing or putting a bunch of defensive backs on the field.

Playbook: Arizona Cardinals

Formation: Pistol Wing Flex

Play: PA Post Shot

Setup:

1. Hot route your RB/R1 receiver to a whip route
2. Motion your B/circle receiver to the right

Reads:

1. Against cover 2 or cover 2 man defense, you are going to hit your X/square receiver deep over the middle
2. Your RB/R1 tight end on the whip route is your check down option.



Overview: This is a great play to call if you think your opponent is in a cover 2 or cover 2 man defense.

Playbook: Arizona Cardinals

Formation: Singleback Wing Stack

Play: PA Y Drag Wheel

Setup:

1. Block the A/X tight end and put your RB/R1 tight end on a drag route
2. Motion the X/square receiver to the left

Reads:

1. Against cover 2 defense, look to the X/square receiver
2. Against cover 3 defense, look to the B/circle receiver
3. Against cover 4 defense, bomb it deep to the X/square receiver
4. Against man to man defense, just see which receiver is open (usually both are)

Overview: With this one play, you can get 35+ yards every single time.

Playbook: Arizona Cardinals

Formation: Singleback Wing Stack

Play: PA Power O

Setup:

1. Hot route the RB/R1 receiver to a drag or a flat route
2. Motion the X/square receiver out to the left

Reads:

1. Against cover 2 defense, look to the B/circle receiver over the middle
2. Against cover 3 defense, look to the B/circle receiver over the middle
3. Against cover 4 defenses, your B/circle receiver should be open as well as your X/square receiver
4. Against man to man defense both your X/square receiver and B/circle receivers will get open.



Overview:

Playbook: Arizona Cardinals

Formation: Singleback Wing Stack

Play: HB Zone Wk

Setup:

1. Motion your outside receiver to the left sideline

Overview: This is one of the best running plays in this playbook. Just follow your blockers and read the hole.

Playbook: Arizona Cardinals

Formation: Singleback Wing Stack

Play: Four Verticals

Setup:

1. Hot route your RB/R1 tight end to a slant
2. Motion your X/square receiver out to the left

Reads:

1. Against cover 2 defense, look to the running back or the B/circle receiver in the seam
2. Against cover 3 defense, hit your running back and follow your blockers
3. Against cover 4 defense, your running back should be open as well
4. Against man to man defense, read between your running back and your tight end.

Overview: This play adds another dimension to your offense because you are utilizing your running back in the passing game. This play gives you 3 blockers downfield after you catch the ball.

Playbook: Arizona Cardinals

Formation: Singleback Wing Stack



Play: Cards Smash

Setup:

1. Motion your X/square receiver to the left

Reads:

1. Against any zone that doesn't have hard flats, look to your X/square receiver
2. Against man to man or zone with hard flats, look to your B/circle receiver on the corner route
3. You also have your tight ends on a high/low read over the middle

Overview: This is a great play to mix in with the rest of the Singleback Wing Stack scheme and makes your opponent worry about another element.

Playbook: Arizona Cardinals

Formation: Singleback Doubles South

Play: Dig N Up

Setup:

1. (Optional) Max protect or hot route your tight end and running back
2. Put your B/circle receiver on an in route

Reads:

1. You are always looking to your X/square receiver against any coverage except for hard flats.
2. Your B/circle receiver is your bailout option.

Overview: This is a great play to run when you need 10 yards.

Playbook: Arizona Cardinals

Formation: Singleback Wing Tight

Play: Zone Weak

Setup: None required



Overview: This is an extremely effective running play that can go for big gains.

Playbook: Arizona Cardinals

Formation: Singleback Wing Pair

Play: HB Inside Zone

Setup: None required

Overview: A lot of people you'll play will be so worried about the right side of the field because of the 3 tight ends you have over there, that you can run it to the left and get huge gains.