



Playbook: Seattle Seahawks

Formation: Gun Trips TE Offset

Play: X Under (Version 1)

Setup:

1. Hot route your Y/triangle receiver to a drag

Reads:

1. Your first read is your running back in the flat
2. If he is covered, look to the tight end a little deeper on the corner route
3. Then look to the Y/triangle receiver on the drag
4. Your X/square receiver should also be open
5. And finally, your B/circle receiver will also get open deep (lead pass down)

Overview: This play is great because you can quick hike your opponent. Since there is only 1 adjustment, you can make it while breaking the huddle and it won't let the defense set up any complicated setups or adjustments.

The reads work from right to left so it is pretty easy to make the right reads with a little practice, you can run this play for the entire game unless your opponent figures out how to stop it.

Playbook: Seattle Seahawks

Formation: Gun Trips TE Offset

Play: X Under (Version 2)

Setup:

1. Hot route your X/square receiver to a smoke screen
2. (Optional) Block your tight end or running back

Reads:

1. Your first look is to the X/square receiver. You will have to wait a second or 2 to make sure he is open.
2. If he is covered, throw to your Y/triangle receiver (lead pass towards the sideline)



Overview: This play works really well with the first version of X Under because it attacks the left side of the screen. The first version of the play attacks the right side of the screen and the middle part of the field so this stops your opponent from committing to those areas.

Playbook: Seattle Seahawks

Formation: Gun Trips TE Offset

Play: X Under (Version 3)

Setup:

1. Hot route your Y/triangle receiver to a streak route and motion him to the right

Reads:

1. Your first look is the running back in the flat
2. If he is covered, we will look to the tight end on the corner route
3. Then we read between the X/square receiver on the shallow in route and the B/circle receiver on the deeper post.

Overview: This play is designed to get the tight end on the corner route a little more open than he normally is.

Playbook: Seattle Seahawks

Formation: Gun Trips TE Offset

Play: PA Crossers

Setup:

1. Hot route the tight end to a streak route
2. Hot route the X/square receiver to an in route
3. Hot route the running back to an out route

Reads:



1. Your main read on this play is the B/circle receiver towards the right sideline
2. You have your running back on the out route as a bail out option
3. And your X/square receiver underneath should get open as well.

Overview: This is a nice play to mix in every once in a while with X Under.

Playbook: Seattle Seahawks

Formation: Gun Trips TE Offset

Play: 0 1 Trap

Setup: None required

Overview: Just follow your blockers right up the middle. This play is extremely effective once your opponent starts dropping more and more defenders into coverage.

Playbook: Seattle Seahawks

Formation: Gun Trips TE Offset

Play: TE In

Setup:

1. Hot route your X/square receiver to a slant route

Reads:

1. Your first read on this play is the B/circle receiver on the drag route
2. If he is covered, look to the tight end or the x/square receiver

Overview: This play works well because of the route your running back runs. It clears out the defenders for the B/circle receiver.



Playbook: Seattle Seahawks

Formation: Gun Trips TE Offset

Play: PA WR Screen

Setup: None required

Reads:

1. Your only read on this play is the X/square receiver

Overview: Call this play only when you expect a zone or zone blitz. It won't work well against man to man defense.

Playbook: Seattle Seahawks

Formation: Gun Trips TE Offset

Play: Inside Zone

Setup: None required

Overview: This is a default audible in the Seattle offensive playbook so if you ever don't like what you see from the defense, this is a safe play to call it pick up some yards on the ground.

Playbook: Seattle Seahawks

Formation: Singleback Deuce Close

Play: HB Wham

Setup: None required

Overview: This is one of the best running plays in the game. Call it with HB Stretch until your opponent proves he can stop it.



Playbook: Seattle Seahawks

Formation: Singleback Deuce Cluse

Play: HB Stretch

Setup:

1. Count the defenders on the right vs the left and then flip the play to run it towards the side with the fewest defenders.

Overview: This play is great in the redzone and really any part of the field. Mix it in with HB Wham and the passing plays from this formation.

Playbook: Seattle Seahawks

Formation: Singleback Deuce Close

Play: TE Angle

Setup:

1. Block your running back

Reads:

1. Your first read is the X/square receiver on the corner route
2. If he is covered, look to the B/circle receiver on the drag route
3. Your final read is the tight end over the middle

Overview: This is a really hard play to stop especially when you mix it in from the runs from this formation.

Playbook: Seattle Seahawks



Formation: Singleback Deuce Close

Play: HB Misdirection

Setup:

1. Block your running back to cancel the playaction

Reads:

1. You have your X/square receiver on the corner route
2. The B/circle receiver on the post route
3. And the tight end over the middle
4. If you are under pressure, hit your other tight end in the flat

Overview: This play doesn't really have set reads but one of your guys will get open against pretty much any coverage.

Playbook: Seattle Seahawks

Formation: Singleback Deuce Close and Singleback Wing Slot

Play: HB Wham and HB Stretch

Overview: Always come out in the HB Wham play and audible to HB Stretch if your opponent commits to stopping the run up the middle.

Playbook: Seattle Seahawks

Formation: Gun Tight Slots

Play: Hawks Drive Trail

Setup:

1. Block your running back



Reads:

1. Your first read is the Y/triangle receiver in the flat right away
2. If he is covered, look to your X/square receiver on the corner route
3. Then you have your B/circle receiver on the drag route
4. And finally look to the A/X tight end on the deep in route

Overview: This play is going to force your opponent to start using hard flats which will allow us to beat him deep.

Playbook: Seattle Seahawks

Formation: Gun Tight Slots

Play: Bench Swap

Setup:

1. Hot route your tight end to a streak route
2. Put your Y/triangle receiver on a curl route
3. Put your X/square receiver on an in route

Reads:

1. Your first read is between your running back and your B/circle receiver on the corner route. One of them will usually be open
2. If they are both covered, look to the X/square receiver on the in route or the Y/triangle receiver on the curl route.

Overview: This play attacks the right side of the screen and it looks identical to the Hawks Drive Trail play which attacks the left side of the field.

Playbook: Seattle Seahawks

Formation: Gun Tight Slots

Play: HB Draw



Setup: None required

Overview: This play works really well once the defense starts going into max coverage type looks to stop the passing plays from this formation.

Playbook: Seattle Seahawks

Formation: Gun Bunch TE

Play: PA Boot Over

Setup:

1. Motion your B/circle receiver to the right and put him on a slant route
2. Put your tight end on a drag route
3. Block your running back

Reads:

1. Your main read on this play is your Y/triangle receiver deep
2. If your opponent follows the Y/triangle receiver, hit the B/circle receiver on the slant route
3. Or you have your tight end on the drag route as a bailout option

Overview: This play can be really hard for your opponent to defend against.

Playbook: Seattle Seahawks

Formation: Gun Bunch TE

Play: Curl Flat Corner

Setup:

1. Motion your B/circle receiver to the right
2. Put your tight end on a curl route
3. Block your running back
4. Put your X/square receiver on a whip route or an out route



Reads:

1. Your first read is the X/square receiver
2. If he is covered, that means that your Y/triangle receiver should be open (lead pass towards the sideline)
3. Then look to your B/circle receiver underneath

Overview: This play has all of the routes going to the left side of the field after we attacked the right side of the field in the last play.

Playbook: Seattle Seahawks

Formation: Gun Bunch TE

Play: Inside Zone

Setup:

1. (Optional) Motion your slot receiver to the right to make it look like all of the other plays from this formation

Overview: Just follow your blockers. This play can pick up big chunks of yards at a time if your opponent isn't ready for it.

Playbook: Seattle Seahawks

Formation: Gun Bunch TE

Play: Inside Switch

Setup:

1. Motion your B/circle receiver to the right and put him on a streak route
2. Hot route your Y/triangle receiver to an in route
3. Smart route your X/square receiver to a deeper post route

Reads:



1. Your first read is your running back in the flat
2. If he is covered, look to your tight end on the corner route
3. At that point, you are looking to your Y/triangle receiver and your X/square receiver

Overview: This play has very easy, systematic reads. You should be able to run it all game until your opponent shows that he knows how to stop it.